

Springfield Technical Community College
Academic Affairs

HSC-146

OBJECTIVES/COMPETENCIES

Competencies	Course Objectives
1. Roles and responsibilities of a CNA	a. Demonstrate the responsibilities of a CNA.
2. Acknowledge the difference of duties between a CNA, PCT, LPN, and RN.	Perform duties of a CNA within the Scope of Practice.
3. Define the common legal allegations against CNA's	Report cases of neglect, assault and Battery, and abuse to the appropriate supervisor.
4. Maintaining a CNA certification after completion	Research and show examples of continuing education options.
5. Patient data collection and reporting methods.	Report and document objective and subjective observation when performing patient care.
6. Proper documentation	Document information properly in a patients chart.
7. Communicable Diseases	Identify the signs and symptoms of communicable diseases. <ul style="list-style-type: none"> a. Common Cold b. Strep Throat c. Gastroenteritis d. Pink eye (conjunctivitis) e. Gonorrhea f. Hepatitis B g. HIV h. Warts (venereal)
8. Bowel/Bladder Elimination	1. Assist a patient with elimination needs, gathering and using proper supplies. 2. Use proper specimen collection procedures.

9. Medical and Surgical Asepsis	Use proper infection control practices including a. Hand washing/Hand sanitizer b. Donning and doffing PPE
10. Maintaining a safe environment	Demonstrate proper protocols for: a. Spills b. Care of equipment c. Linen care
11. Patient Safety	Report any changes observed during care of patients including: a. Physical capabilities b. Bowel and bladder patterns c. General appearance d. Activity level e. Vital signs f. Appetite g. Sleep patterns
12. Patient Care (personal care)	Demonstrate the following personal care skills while working safely with a patient: a. Bathing b. Oral care c. Shaving d. Manicure and pedicures e. Hair care f. Nutrition g. Using the toilet h. Rest and comfort
13. Patient Care (Restorative Skills)	Assist/instruct patients in the following self care and independence skills a. Mobility b. Health maintenance and restoration c. Taking and recording vital signs d. Emotional and mental health concerns e. Cultural and spiritual needs f. Sexual needs

14. Specialized care	Understand and assist patients with the following specialized care: <ul style="list-style-type: none">a. Vision impairmentsb. Hearing impairmentsc. Speech impairmentsd. Respiratory issuese. Cardiovascular problemsf. Paralysisg. Infectionsh. Intravenous fluid therapyi. Digestive and urinary tract Cancersj. Chronic illnessk. Diabetesl. HIV/AIDSm. Confused patientsn. Aggressive patientso. Dementiap. Depressionq. Terminal illness
15. Fall Prevention	Identify patient and environmental risk factors for falls.