

Competencies	Course Objectives
1. Roles and responsibilities of a CNA	1. List and demonstrate the qualities a CAN should have <ul style="list-style-type: none"> a. Good Communication b. Observation skills c. Adequate physical and mental strength d. Dependability e. Patience and cooperation f. Empathy g. Respect
2. Acknowledge the difference of duties between a CNA,PCT, LPN, and RN.	1. Define and differentiate duties and be knowledgeable of the scope of practice of a CNA.
3. Define the common legal allegations against CNA's	1. Give examples of neglect, assault and Battery, and abuse.
4. Maintaining a CNA certification after completion	1. Research and show examples of continuing education options.
5. Patient data collection and reporting methods.	1. Demonstrate objective and subjective observation when performing patient care. <ul style="list-style-type: none"> a. Objective: Visible changes a patient's appearance, blood pressure level, pulse rate, skin color, consciousness levels, and signs of pain. b. Subjective: Paying attention to complaints and information provided by the patient.

6. Proper documentation	<ol style="list-style-type: none">1. Document information properly in a patients chart.<ol style="list-style-type: none">a. Check for proper identificationb. Neat and legiblec. Follow proper charting practices.
7. Communicable Diseases	<ol style="list-style-type: none">1. Identify the signs and symptoms of communicable diseases.<ol style="list-style-type: none">a. Common Coldb. Strep Throatc. Gastroenteritisd. Pink eye (conjunctivitis)e. Gonorrheaf. Hepatitis Bg. HIVh. Warts (venereal)

<p>9. Medical and Surgical Asepsis</p>	<p>10. Use proper infection control practices including</p> <ul style="list-style-type: none"> a. Hand washing/Hand sanitizer b. Donning and doffing PPE
<p>10. Maintaining a safe environment</p>	<p>1. Explain proper protocols for:</p> <ul style="list-style-type: none"> a. Spills b. Care of equipment c. Linen care
<p>11. Patient Safety</p>	<p>1. Report any changes observed during care of patients including:</p> <ul style="list-style-type: none"> a. Physical capabilities b. Bowel and bladder patterns c. General appearance d. Activity level e. Vital signs f. Appetite g. Sleep patterns
<p>12. Patient Care (personal care)</p>	<p>1. Demonstrate the following personal care skills while working safely with a patient:</p> <ul style="list-style-type: none"> a. Bathing b. Oral care c. Shaving d. Manicure and pedicures e. Hair care f. Nutrition g. Using the toilet h. Rest and comfort

<p>13. Patient Care (Restorative Skills)</p>	<ol style="list-style-type: none"> 1. Assist/instruct patients in the following self care and independence skills <ol style="list-style-type: none"> a. Mobility b. Health maintenance and restoration c. Taking and recording vital signs d. Emotional and mental health concerns e. Cultural and spiritual needs f. Sexual needs
<p>14. Specialized care</p>	<ol style="list-style-type: none"> 1. Understand and assist patients with the following specialized care: <ol style="list-style-type: none"> a. Vision impairments b. Hearing impairments c. Speech impairments d. Respiratory issues e. Cardiovascular problems f. Paralysis g. Infections h. Intravenous fluid therapy i. Digestive and urinary tract Cancers j. Chronic illness k. Diabetes l. HIV/AIDS m. Confused patients n. Aggressive patients o. Dementia p. Depression q. Terminal illness
<p>15. Fall Prevention</p>	<ol style="list-style-type: none"> 1. Identify patient and environmental risk factors for falls.