

SPRINGFIELD TECHNICAL COMMUNITY COLLEGE

ACADEMIC AFFAIRS

Course Number: ATHL-103- Department: Interdisciplinary Health

Course Title: RAD – Domestic Violence Semester: Fall Year: 2009
Options _____

Course Objective	Competencies
<p>The student will gain a knowledge of:</p> <ol style="list-style-type: none"><li data-bbox="706 73 803 1039">1. The various ways to avoid and defend themselves against domestic violence.	<ol style="list-style-type: none"><li data-bbox="625 73 803 1039">1. The student will be able to:<ol style="list-style-type: none"><li data-bbox="657 73 722 1039">a. List and discuss the various signs of domestic violence<li data-bbox="738 73 803 1039">b. List options for escaping domestic violence situations<li data-bbox="820 73 885 1039">c. List the various options to avoid domestic violence
<ol style="list-style-type: none"><li data-bbox="966 73 1125 1039">2. The use of RAD (Rape Aggression Defense) techniques available to escape harm or violence in a domestic violence situation.	<ol style="list-style-type: none"><li data-bbox="966 73 1125 1039">2 The student will be able to demonstrate the RAD self defense techniques to defend themselves and/or escape harm.