## **OBJECTIVES/COMPETENCIES**

Course Objectives	Competencies
To provide students with an accurate understanding of the important theories relating to senior development.	<ol> <li>Students will be able to articulate and understand basic research methodologies in order to fully comprehend current research into gerontology.</li> <li>Students will be able to compare and contrast old and new ideas about the aging process.</li> <li>Students will demonstrate via their writings and discussions critical thinking when interpreting research findings.</li> </ol>
To be able to understand the neurological changes that occur as part of the natural aging process.	<ol> <li>Students will examine what changes in the brains and senses of senior citizens.</li> <li>Students will be able to articulate the problems that may occur in the aging brain.</li> </ol>
To be able to examine the physical changes in human beings as they mature into the senior years.	<ol> <li>Students will be able to describe the natural changes that the body goes through in the natural aging process.</li> <li>Students will be able to relate how people may attempt to slow down the aging process by healthful living.</li> </ol>
4. To examine the social, employment/retirement, living options, and leisure activities of senior citizens.	<ol> <li>Students will be able to delineate the various options open to seniors' socialization and leisure time activities.</li> <li>Students will explore and delineate the many options open to senior citizens be it continuing in employment, participating in a "Boomerang" career, or living a purposeful retirement.</li> <li>Students will be able to share the various options in living arrangements afforded senior citizens.</li> </ol>
5. To examine issues around dying and bereavement.	<ol> <li>Students will be able to come to an understanding of how seniors may die with dignity.</li> <li>Studets will be able to understand and help seniors cope with bereavement.</li> </ol>