

Springfield Technical Community College  
Academic Affairs

Course Number: OTA 103      Class/Lect. Hours: 3      Lab Hours:             Credits: 3      Dept.: OTA

Semester: fall    Year: 2020

## OBJECTIVES/COMPETENCIES

Course Objectives	Competencies
<ol style="list-style-type: none"> <li>1. Articulate an understanding of the development of cognitive, emotional and social skills across the lifespan.</li> <li>2. Articulate an understanding of how contextual components contribute to mental health and illness.</li> <li>3. List traditional and emerging settings where psychosocial occupational therapy services are provided.</li> <li>4. Identify and discuss the roles and functions of the OTR and COTA in a given psychosocial treatment setting.</li> <li>5. Given a client population, be able to discuss the theoretical models and frames of reference appropriate for treatment.</li> <li>6. Demonstrate the ability to contribute to the evaluation, treatment planning, and discharge planning processes of OT service provision for people with mental health conditions.</li> <li>7. Identify and discuss the performance skills and client factors that contribute to mental health and function.</li> <li>8. Identify and discuss treatment activities for deficits in specific areas of occupation including basic and instrumental activities of daily living, education, work, play, leisure, and social participation.</li> <li>9. Identify and discuss how the occupational therapy assistant interfaces with families/caregivers and members of the treatment team.</li> <li>10. Identify and demonstrate appropriate professional boundaries, given a client population and treatment setting.</li> <li>11. Locate and discuss reputable resources and supports available to</li> </ol>	<ol style="list-style-type: none"> <li>1. Demonstrate knowledge of the structure and function of the human body to include the biological and physical sciences, neurosciences, kinesiology, and biomechanics.(B.1.1.)</li> <li>2. Demonstrate knowledge of human development throughout the lifespan. (B.1.1.)</li> <li>3. Demonstrate knowledge of concepts of human behavior to include the behavioral sciences, social sciences, and science of occupation.(B.1.1.)</li> <li>4. Explain the role of sociocultural, socioeconomic, and diversity factors, as well as lifestyle choices in contemporary society to meet the needs of persons, groups, and populations.(B.1.2.)</li> <li>5. Demonstrate knowledge of the social determinants of health for persons, groups, and populations with or at risk for disabilities and chronic health conditions.(B.1.3.)</li> <li>6. Identify and communicate to the occupational therapist the need to design community and primary care programs to support occupational performance for persons, groups, and populations.(B.4.27.)</li> <li>7. Promote occupational therapy by educating other professionals, service providers, consumers, third-party payers, regulatory bodies, and the public.(B.7.3.)</li> <li>8. Demonstrate effective intraprofessional OT/OTA collaboration to explain the role of the occupational therapy assistant and occupational therapist in the screening and evaluation process.(B.4.24.)</li> </ol>

clients and caregivers in the community.

12. Identify and discuss appropriate referrals for clients with mental health conditions.

9. Define strategies for effective, competency-based legal and ethical supervision of occupational therapy assistants and non-occupational therapy personnel.(B.5.8.)
10. Demonstrate knowledge of personal and professional responsibilities related to liability issues under current models of service provision.(B.7.5.)
11. Demonstrate knowledge of personal and professional responsibilities related to varied roles of the occupational therapy assistant providing service on a contractual basis.(B.7.5.)
12. Demonstrate clinical reasoning to address occupation-based interventions, client factors, performance patterns, and performance skills.(B.4.2.)
13. Apply scientific evidence, theories, models of practice, and frames of reference that underlie the practice of occupational therapy to guide and inform interventions for persons, groups, and populations in a variety of practice contexts and environments.(B.2.1.)
14. Apply knowledge of occupational therapy history, philosophical base, theory, and sociopolitical climate and their importance in meeting society's current and future occupational needs as well as how these factors influence and are influenced by practice.(B.3.1.)
15. Provide direct interventions and procedures to persons, groups, and populations to enhance safety, health and wellness, and performance in occupations.(B.4.10.)
16. Implement a discharge plan from occupational therapy services that was developed by the occupational therapist in collaboration with the client and members of the interprofessional team by reviewing the needs of the client, caregiver, family, and significant others; available resources; and discharge environment.(B.4.28.)
17. Demonstrate knowledge of scientific evidence as it relates to the importance of balancing areas of occupation; the role of occupation in the promotion of health; and the prevention of disease, illness, and dysfunction for persons, groups, and populations.(B.3.4.)
18. Contribute to the evaluation process of client(s)' occupational performance, including an occupational profile, by administering standardized and nonstandardized screenings and assessment tools

and collaborating in the development of occupation-based intervention plans and strategies.(B.4.4.)

19. Explain the importance of using psychometrically sound assessment tools when considering client needs, and cultural and contextual factors to deliver evidence-based intervention plans and strategies.(B.4.4)
20. Demonstrate knowledge of and apply the interaction of occupation and activity, including areas of occupation, performance skills, performance patterns, context(s) and environments, and client factors.(B.3.2.)
21. Explain to consumers, potential employers, colleagues, third-party payers, regulatory boards, policymakers, and the general public the distinct nature of occupation and the evidence that occupation supports performance, participation, health, and well-being.(B.3.3.)
22. Utilize clinical reasoning to facilitate occupation-based interventions that address client factors. This must include interventions focused on promotion, compensation, adaptation, and prevention.(B.4.3.)
23. Demonstrate awareness of the principles of interprofessional team dynamics to perform effectively in different team roles to plan, deliver, and evaluate patient- and population-centered care as well as population health programs and policies that are safe, timely, efficient, effective, and equitable.(B.4.25.)
24. Identify occupational needs through effective communication with patients, families, communities, and members of the interprofessional team in a responsive and responsible manner that supports a team approach to the promotion of health and wellness.(B.4.23.)
25. Identify and communicate to the occupational therapist the need to refer to specialists both internal and external to the profession, including community agencies.(B.4.26.)