OBJECTIVES/COMPETENCIES

Course Objectives	Competencies
1. Recognize and utilize resources available at STCC.	 1a. Identify relevant academic resources available at STCC. 1b. Identify relevant non-academic resources available at STCC. 1c. Locate identified resources on campus or the STCC website. 1d. Describe the steps necessary to use identified resources.
2. Communicate and self-advocate effectively in interactions with college faculty and staff.	 2a. Identify strategies for effective written communication. 2b. Identify strategies for effective oral communication. 2c. Describe a challenge or situation affecting personal or academic success. 2d. Propose a solution or resolution to an identified issue.
3. Practice teamwork and build community with fellow students.	3a. List strategies for effective teamwork, collaboration, and community-building.3b. Employ a chosen strategy in an interaction with another student.
4. Plan studies and organize academic work.	 4a. List strategies for organizing academic work, including common challenges like academic planning, goal-setting, and time management. 4b. Employ a chosen strategy in response to a specific challenge.
5. Navigate common challenges of college study.	5a. Identify and use appropriate resources to overcome common challenges of college study.5b. Identify and use appropriate coping strategies for handling common challenges.

Course Objectives	Competencies
6. Develop reading, writing, and study skills that provide a foundation for academic success.	6a. Identify and employ key skills for effective studying.6b. Identify and employ key skills for critical reading.6c. Identify and employ key skills for academic writing.
7. Practice critical and creating thinking and problem-solving.	7a. Identify and employ key skills for critical thinking.7b. Identify and employ key skills for creating thinking.
8. Engage in academic discussion.	 8a. Express and explain personal opinions and observations in discussion. 8b. List and employ effective strategies for critical listening. 8c. Respond to classmates' expressed opinions and observations.
9. Plan, develop, and complete an academic project.	 9a. List steps of an academic project. 9b. Develop a plan for completing listed steps. 9c. Identify necessary strategies and resources for successfully completing a planned project. 9d. Employ identified strategies to complete a long-term academic project.
10. Connect personal interests, experiences, and aspirations with relevant fields of academic study and future educational and employment opportunities.	 10a. List areas of academic and professional interest based on personal interest, experience, and aspirations. 10b. Identify programs available at STCC relevant to listed academic or professional interests. 10c. Identify future educational and employment opportunities in areas of academic or professional interest. 10d. Connect personal interest, available programs, and future opportunities to develop a plan for setting and pursuing career goals.