

Springfield Technical Community College  
Academic Affairs

Course Number: OTA 117 Class/Lect. Hours: \_\_\_\_\_ Clinical Hours: 60 per semester Credits: 2 Dept.: OTA  
Semester: fall Year: 2021

Course Objectives	Competencies
<p>Activities Groups Level I</p> <ol style="list-style-type: none"> <li>1. Demonstrate effective interpersonal and team building skills.               <ol style="list-style-type: none"> <li>a. Demonstrate mutual respect for the education, experience, and contributions of one another.</li> <li>b. Provide support and encouragement.</li> <li>c. Demonstrate timely preparation, sharing, and follow through of ideas.</li> </ol> </li> <li>2. Articulate an understanding and appreciation for the collaborative COTA/OTR partnership used in providing OT services including:               <ol style="list-style-type: none"> <li>a. Treatment goals and common approaches used in treatment.</li> <li>b. Selection of activities.</li> <li>c. Implementation, modification and grading of activities.</li> <li>d. Observation of progress.</li> <li>e. Documentation of progress.</li> <li>f. Making adjustments in the treatment program.</li> <li>g. Responding to the changing needs of the client.</li> </ol> </li> <li>3. Articulate an understanding and appreciation for the essential aspects of an effective supervisory relationship including:               <ol style="list-style-type: none"> <li>a. Identify when supervision is needed and when the level of supervision should be modified.</li> <li>b. Provide, seek, and accept constructive feedback.</li> <li>c. Make attitudinal and behavioral changes in response to feedback.</li> <li>d. Demonstrate thoughtful reflection of one’s own behavior and effectiveness.</li> <li>e. Demonstrate ability to assess own strengths and identify areas for improvement.</li> </ol> </li> </ol>	<ol style="list-style-type: none"> <li>1. Identify occupational needs through effective communication with patients, families, communities, and members of the interprofessional team in a responsive and responsible manner that supports a team approach to the promotion of health and wellness.(B.4.23.)</li> <li>2. Demonstrate effective intraprofessional OT/OTA collaboration to explain the role of the occupational therapy assistant and occupational therapist in the screening and evaluation process.(B.4.24.)</li> <li>3. Demonstrate knowledge of personal and professional responsibilities related to liability issues under current models of service provision.(B.7.5.)</li> <li>4. Demonstrate knowledge of personal and professional responsibilities related to varied roles of the occupational therapy assistant providing service on a contractual basis.(B.7.5.)</li> <li>5. Understand and articulate care coordination, case management, and transition services in traditional and emerging practice environments.(B.4.20.)</li> <li>6. Provide direct interventions and procedures to persons, groups, and populations to enhance safety, health and wellness, and performance in occupations.(B.4.10.)</li> <li>7. Assess, grade, and modify the way persons, groups, and populations perform occupations and activities by adapting processes, modifying environments, and applying ergonomic principles to reflect the changing needs of the client, sociocultural context, and technological advances.(B.4.18.)</li> </ol>

4. Articulate an understanding and appreciation for the importance of developing a comprehensive and specific treatment plan including:
    - a. Work collaboratively to identify and document the long-term goals, which should be accomplished throughout the 8-10 week group.
    - b. Work collaboratively to identify and document the short-term goals and behavioral objectives, which should be attained after each session.
    - c. Identify and document how the treatment group relates or “fits” with the entire treatment program at the facility.
  5. Demonstrate knowledge and skill in the documentation of client performance including:
    - a. Participating and contributing to the development of an initial, interim, and discharge note done in a traditional narrative and/or SOAP format.
  6. Demonstrate knowledge and skill in the development of a written group protocol following the format issued including:
    - a. Participate and contribute to the development and documentation of a specific outline of each weekly session.
    - b. Compile a complete professional protocol according to the assigned format that will be sent to the facility.
  7. Articulate an understanding and appreciation for the therapeutic use of self as well as the “art and science” of delivering treatment including:
    - a. Appropriate methods of activity introduction and implementation.
    - b. Appropriate responses to client verbalizations.
    - c. Methods of setting appropriate limits.
    - d. Ability to redirect and maintain client’s focus on the task/process of the group.
    - e. Anticipating and preparing for potential difficulties with both group process and activity performance.
    - f. Observe, identify and articulate the dynamics of the group as a total entity.
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1. Demonstrate the ability to set-up and clean-up service provision areas according to treatment protocol.
  2. Articulate an understanding of the selection criteria for and implementation of screening & assessment tools.
  3. Articulate an understanding of how psychological, emotional and social
8. Monitor and reassess, in collaboration with the client, caregiver, family, and significant others, the effect of occupational therapy intervention and the need for continued or modified intervention, and communicate the identified needs to the occupational therapist.(B.4.22.)
  9. Demonstrate knowledge of various reimbursement systems and funding mechanisms, treatment/diagnosis codes, and coding and documentation requirements that affect consumers and the practice of occupational therapy.(B.4.29.)
  10. Identify and communicate to the occupational therapist the need to design community and primary care programs to support occupational performance for persons, groups, and populations.(B.4.27.)
  11. Define strategies for effective, competency-based legal and ethical supervision of occupational therapy assistants and non-occupational therapy personnel.(B.5.8.)
  12. Identify and develop strategies for ongoing professional development to ensure that practice is consistent with current and accepted standards.(B.7.4.)
  13. Utilize clinical reasoning to facilitate occupation-based interventions that address client factors. This must include interventions focused on promotion, compensation, adaptation, and prevention.(B.4.3.)
  14. Implement a discharge plan from occupational therapy services that was developed by the occupational therapist in collaboration with the client and members of the interprofessional team by reviewing the needs of the client, caregiver, family, and significant others; available resources; and discharge environment.(B.4.28.)
  15. Demonstrate clinical reasoning to address occupation-based interventions, client factors, performance patterns, and performance skills.(B.4.2.)
  16. Demonstrate therapeutic use of self, including one’s personality, insights, perceptions, and judgments, as part of the therapeutic process in both individual and group interaction.(B.4.1.)
  17. Define the process of theory development and its importance to occupational therapy.(B.2.2.)
  18. Contribute to the evaluation process of client(s)’ occupational performance, including an occupational profile, by administering

factors impact an individual's engagement in occupations.

4. Provide effective education of client and/or caregiver.
5. Contribute to the treatment planning process.
6. Suggest, implement, grade and modify treatment activities appropriately for a specific client/population.
7. Discuss the need for referrals for additional services and consultation as needed.
8. Provide documentation of services using clinic format.
9. Maintain client records, including qualitative and quantitative data collection.
10. Maintain clinic equipment and supplies.
11. Assist in the development and implementation of community-based health promotion and prevention programs.
12. Demonstrate ethical and professional attitudes and behaviors.

standardized and nonstandardized screenings and assessment tools and collaborating in the development of occupation-based intervention plans and strategies.(B.4.4.)

19. Explain the importance of using psychometrically sound assessment tools when considering client needs, and cultural and contextual factors to deliver evidence-based intervention plans and strategies.(B.4.4.)
20. Explain the role of sociocultural, socioeconomic, and diversity factors, as well as lifestyle choices in contemporary society to meet the needs of persons, groups, and populations.(B.1.2.)
21. Demonstrate knowledge of the social determinants of health for persons, groups, and populations with or at risk for disabilities and chronic health conditions.(B.1.3.)
22. Demonstrate the principles of the teaching-learning process using educational methods and health literacy education approaches to design activities and clinical training for persons, groups, and populations.(B.4.21.)
23. Demonstrate the principles of the teaching-learning process using educational methods and health literacy education approaches to instruct and train the client, caregiver, family, significant others, and communities at the level of the audience.(B.4.21.)
24. Identify and communicate to the occupational therapist the need to refer to specialists both internal and external to the profession, including community agencies.(B.4.26.)
25. Engage in the consultative process with persons, groups, programs, organizations, or communities in collaboration with inter- and intraprofessional colleagues.(B.4.19.)
26. Explain an understanding of the business aspects of practice including, but not limited to, financial management, billing, and coding.(B.5.3.)
27. Participate in the documentation of ongoing processes for quality management and improvement (e.g., outcome studies analysis and client engagement surveys) and implement program changes as needed to demonstrate quality of services.(B.5.7.)
28. Demonstrate knowledge of scientific evidence as it relates to the importance of balancing areas of occupation; the role of occupation in the promotion of health; and the prevention of disease, illness, and

dysfunction for persons, groups, and populations.(B.3.4.)  
29. Demonstrate knowledge of the American Occupational Therapy Association (AOTA) *Occupational Therapy Code of Ethics* and *AOTA Standards of Practice* and use them as a guide for ethical decision making in professional interactions, client interventions, employment settings, and when confronted with personal and organizational ethical conflicts.(B.7.1.)