

SPRINGFIELD TECHNICAL COMMUNITY COLLEGE

ACADEMIC AFFAIRS

Course Number: 215 Lec. Class Field
~~SIMS-XXX~~ Hrs: 3 Credits: 4 hrs: 4 Department: Interdisciplinary Health

Course Title: Community Health Worker: Theory and Methods Semester: Spring Year: 2013

Course Description/Other Information:

THIS COURSE WILL EXPLORE TEACHING, FACILITATION, ADVOCACY AND COMMUNITY ORGANIZING SKILLS REQUIRED OF A COMMUNITY HEALTH WORKER. STUDENTS WILL LEARN THEORY AND METHODS FOR IMPLEMENTING BEST PRACTICES IN COMMUNITY HEALTH WORK WITH INDIVIDUALS AND WITH GROUPS. STUDENTS WILL BE REQUIRED TO COMPLETE A ~~2 CREDIT~~ FIELD EXPERIENCE TO PRACTICE THE SKILLS LEARNED IN CLASS THROUGH LECTURE, ROLE PLAY AND PATIENT SIMULATION. **SIMS - YYY IS A PRE- OR CO-REQUISITE FOR THIS COURSE.**

Course Objective	Competencies
<p>1. Develop effective casework skills with individuals as a member of a healthcare and/or social service team.</p>	<p>1.a. Demonstrate knowledge of how to access health care and social service systems in Springfield and surrounding community. 1.b. Demonstrate basic case work techniques that empower clients to access available services and to create and follow realistic plans to improve their health. 1.c. Demonstrate ability to coach individuals so they do not become dependent upon CHW or other service providers. 1.d. Demonstrate capacity to maintain lists of community resources and networking contact lists. 1.e. Demonstrate knowledge of active listening skills in interviewing.</p>

Course Objective	Competencies
<p>2. Demonstrate effective advocacy skills.</p>	<p>2.a. Explain what advocacy is for individuals and groups. 2.b. Demonstrate effective methods to teach clients their rights within healthcare and social service systems. 2.c. Demonstrate effective methods for advocating for clients' needs and rights within healthcare and social service systems. 2.d. Demonstrate capacity to role model self-advocacy skills for clients with healthcare and social service providers.</p>
<p>3. Develop understanding of group dynamic and groupwork.</p>	<p>3.a. Demonstrate understanding of group dynamic theory. 3.b. Demonstrate ability to manage group dynamics. 3.c. Demonstrate ability to facilitate group discussion. 3.d. Demonstrate knowledge of conflict resolution skills.</p>
<p>4. Develop individual coaching and group facilitation skills required to empower community members to make healthy choices.</p>	<p>4.a. Demonstrate ability to teach participants new skills and enhance participants' confidence to promote their own health, including, for example, communication skills, risk reduction behaviors, and community organizing and advocacy skills. 4.b. Define best practices in chronic disease management to educate clients about how to prevent and manage health conditions. 4.c. Demonstrate teaching methods about healthy behaviors and support clients in developing healthier habits:</p>
<p>5. Develop understanding of community organizing and basic community organizing skills.</p>	<p>5.a. Define program planning, social action and community building approaches to</p>

Course Objective	Competencies
<p>6. Demonstrate use of effective documentation methods for Community Health Workers.</p>	<p>community organizing.</p> <p>5.b. Demonstrate ability to conduct a power analysis.</p> <p>5.c. Demonstrate understanding of social empowerment models for community education.</p> <p>5.d. Demonstrate understanding of leadership development theory.</p> <p>5.e. Demonstrate effective leadership and role modeling skills.</p> <p>6a. Demonstrate effective record keeping skills for CHW caseload.</p> <p>6.b. Demonstrate effective skills for documenting outreach and navigation activities.</p> <p>6.c. Demonstrate effective methods for documenting individual and group interactions.</p>