

## SPRINGFIELD TECHNICAL COMMUNITY COLLEGE

### ACADEMIC AFFAIRS

Course Number:	<u>NUR 101</u>	Class/Lect. Hours:	<u>60</u>	Clinical Hours:	<u>180</u>	Credits:	<u>8</u>	Dept.:	<u>Nursing</u>
Course Title:	<u>Nursing 1</u>			Semester:	<u>Fall</u>	Year:	<u>Updated 2019</u>		

#### Course Description, Prerequisite, Corequisite:

NUR-101 is an introduction to basic nursing knowledge, concepts and skills. This course introduces the nursing curriculum competencies. This course incorporates evidence-based practice and scientific and psychological principles. Nursing process is introduced, and applied to the individual, who is presented as a multidimensional being, across the life span. Primary interventions are introduced to promote wellness and prevent illness. The student is introduced to the concept of critical thinking, and lifelong learning. During this course, the student learns basic skills in the learning resource center, simulation center, and in long term care and sub-acute environments.

Prerequisite(s): Admission to the Department of Nursing.

Corequisite(s): BIO-231, ENG-101, PSY-101, NUR 124

(The College has **renumbered** and relabeled all courses. Consult with the Registrar's Office for questions regarding prior course numbers.)

### Course Outcomes/Competencies

**Course Outcomes:** At the completion of NUR 101, the student will demonstrate Nursing Knowledge by achieving the following nursing competencies:

1. Demonstrate an understanding of compassionate, culturally appropriate, effective and safe care that recognizes individual preferences, values, and needs. **(Patient-Centered Care)**
2. Demonstrate an understanding of standard-based care that is consistent with moral, altruistic, legal, ethical, regulatory and humanistic principles. **(Professionalism)**
3. Demonstrate understanding of how the nurse can influence the behavior of individuals or groups of individuals within their environment in a way that will facilitate the establishment and acquisition/achievement of shared goals. **(Leadership)**
4. Demonstrate an awareness of the larger context of the healthcare system, and begins to demonstrate the ability to call on work unit resources to provide quality care. **(Systems-Based Practice)**
5. Be able to use advanced technology and begins to analyze information and collaborate in order to understand the decision making that optimizes patient outcomes. **(Informatics and Technologies)**
6. Interact effectively with patients, families and colleagues, fostering mutual respect. **(Communication)**
7. Demonstrate an understanding of the value of nursing and interdisciplinary teams in fostering open communication, mutual respect, shared decision making, team learning and development. **(Teamwork and Collaboration)**
8. Minimize risk of harm to patients through individual performance. **(Safety)**
9. Recognize the data that is used to monitor the outcomes of care processes, and can describe improvement methods used to continuously improve the quality and safety of healthcare systems. **(Quality Improvement)**
10. Begin to identify and use the best current evidence coupled with consideration of patients' preferences, experience and values in the provision of care. **(Evidence Based Practice)**