

SPRINGFIELD TECHNICAL COMMUNITY COLLEGE
ACADEMIC AFFAIRS

Course Number: COSM-122 2 credits Department: Cosmetology

Course Title: Aesthetics 1 Semester: Fall Year: 2004

Objectives/Competencies

Course Objective	Competencies
<p>1. The student will develop an understanding of:</p> <p>The general objectives and policies of the Cosmetology Program</p>	<p>The student will be able to:</p> <ul style="list-style-type: none">- Read, identify, and explain policies specific to the Cosmetology Department which are outlined in the program manual and syllabus; these include the following:<ul style="list-style-type: none">• Departmental policy• Attendance/clocking procedures• Lockers• Kit policy• Dress code• Schedule• Standard of conduct• Security• Course requirements

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<p>2. The student will develop an understanding of:</p> <p>Attendance requirement for the Massachusetts Board of Cosmetology and the STCC Cosmetology Department</p> <p>Professional image</p>	<p>The student will be able to:</p> <ul style="list-style-type: none"> - Initial and view hours absent each week - Sign name on attendance form upon arrival and dismissal each day - Calculate and total monthly hours attended for competency in the program - Identify and use appropriate methods to ensure personal health and well being - Interact with coworkers effectively as part of a team - Understand the importance of correct sitting technique for manicure and facial services - Understand the importance of professional conduct in school toward faculty, staff, and fellow students - Define and understand the importance of professional ethics - Describe professional attitude and appearance needed for success
<p>3. The student will develop an understanding of:</p> <p>Conducting services in a safe environment, taking measures to prevent the spread of infection and contagious disease</p>	<p>The student will be able to:</p> <ul style="list-style-type: none"> - Explain the difference between sanitation and sterilization as well as the difference between disinfectant and antiseptics - Explain and understand the importance of effective hand washing - Explain the effective use of antiseptics and disinfectants - Safely handle disinfectant containers - Explain pre and post-service procedures for sanitation - List tips for working safely

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<p>The student will develop an understanding of:</p> <p>Safety procedures and precautions used in the STCC Cosmetology lab</p>	<p>The student will be able to:</p> <ul style="list-style-type: none"> - Read and use Material Safety Data Sheets (MSDS) - Properly exit the facility in case of a fire - Recognize chemical products used in nail services - Understand the importance of labeling products and containers - Recognize warning signs of over exposure to chemicals - Safely use chemical products employed for nail/skin services - List tips for working in a safe environment - Explain the procedure to follow for fainting and seizures - Explain the proper way to use a fire extinguisher - Explain and demonstrate the procedure used for treating skin cuts - Understand and distinguish between the reasons for wearing eye goggles, finger cots, and gloves when necessary - Properly mix and apply disinfectants - Differentiate between waste disposal and hazardous/infectious waste disposal
<p>4. The student will develop an understanding of:</p> <p>The nail and its disorders (structure, growth, and diseases)</p>	<p>The student will be able to:</p> <ul style="list-style-type: none"> - Describe the structure and composition of the nail - Describe the structure adjoining the nail - Discuss how nails grow - Pronounce and list the disorders, diseases, and irregularities of the nail - Differentiate between diseases, disorders, and irregularities of the nail - Recognize the diseases that cannot be treated in the school/salon

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<p>5. The student will develop an understanding of:</p> <p>Basic water manicure, hot oil manicure, foot manicure, and other types of manicure</p>	<p>The student will be able to:</p> <ul style="list-style-type: none"> - List the abilities that make a good nail technician - Explain the proper use of implements, cosmetics, and materials used in manicuring and pedicuring - Identify the five basic nail shapes - List the sequence of steps in the procedure for basic water and hot oil manicures - List the sanitary and safety precautions that should be observed when performing a manicure or pedicure - Distinguish between a basic manicure and a hot oil manicure, and decide which best suits the client's needs
<p>6. The student will develop an understanding of:</p> <p>Artificial nail technique</p>	<p>The student will be able to:</p> <ul style="list-style-type: none"> - List the steps necessary for mending a split or crack on a nail surface - Understand the technique used for an artificial nail tip
<p>7. The student will develop an understanding of:</p> <p>Massage theory</p>	<p>The student will be able to:</p> <ul style="list-style-type: none"> - Describe the purpose of massage - Describe the manipulations and benefits - Identify, explain, and demonstrate massage movements and techniques - Identify the motor nerve points of the face and neck - List the physiological effects of massage

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<p>The student will develop an understanding of</p> <p>Basic facial treatments, massage manipulation, packs, and masks</p>	<p>The student will be able to:</p> <ul style="list-style-type: none"> - Describe the beneficial effects of a facial - List the materials and equipment required - List and demonstrate safety/infection control - Identify types of corrective facials - Discuss and identify types of electricity and light therapy used in facial treatment - Describe packs and masks, and list possible ingredients - Identify reasons a client might find fault with a facial treatment
<p>8. The student will develop an understanding of:</p> <p>The responsibilities of a receptionist in the STCC Client Lab integrated in COSM-120 and COSM-121</p>	<p>The student will be able to:</p> <ul style="list-style-type: none"> - Accurately record daily receipts, deposit slips, appointments, and services - Communicate information accurately and clearly