

SPRINGFIELD TECHNICAL COMMUNITY COLLEGE

**ACADEMIC AFFAIRS**

Course Number: ? HCAR – 130 Department: Interdisciplinary Health  
 Course Title: Introduction to Patient Care Skills Semester: Fall Year: 2008

<b>Course Objective</b>	<b>Competencies</b>
<p>Infection control causes and prevention</p> <p>Body Mechanics – Moving safely and efficiently at work.</p> <p>Patient Communication and Documentation</p>	<p>Handwashing</p> <ol style="list-style-type: none"> <li>1. Exhibit proper hand washing technique.</li> </ol> <p>Demonstrate proper infection control procedures:</p> <ol style="list-style-type: none"> <li>1. Understand the chain of infection</li> <li>2. Sterile vs. nonsterile equipment/environment.</li> <li>3. blood and body fluid contact.</li> <li>4. spills clean up</li> </ol> <p>Demonstrate proper body mechanics during lifting, sitting at a computer station, moving and transporting patients.</p> <p>Write proper progress notes based on a given diagnosis and treatment plan.</p> <ol style="list-style-type: none"> <li>1. SOAP format</li> </ol> <p>Read and understand a medical chart and where to find:</p> <ol style="list-style-type: none"> <li>1. History and physical</li> <li>2. Diagnosis</li> <li>3. Emergency information</li> <li>4. Doctor’s orders</li> <li>5. nurses notes</li> <li>6. lab reports, therapies, imaging graphics</li> </ol>

<b>Course Objective</b>	<b>Competencies</b>
<p>Identify Diseases/Disorders</p> <p>Health Care Ethics and professionalism</p>	<p>Identify signs and symptoms of various conditions including:</p> <ol style="list-style-type: none"> <li>1. myocardial infarction</li> <li>2. diabetes</li> <li>3. stroke</li> <li>4. infection</li> <li>5. appendicitis</li> <li>6. respiratory illness</li> <li>7. high blood pressure</li> </ol> <p>List and apply the 8 ethical principles through interaction with patients and staff. (do good, do no harm, preserve life, respect autonomy, keep promises, be discreet)</p> <p>Understand the concepts of :</p> <ol style="list-style-type: none"> <li>1. Patient’s Bill of Rights</li> <li>2. The right to Know</li> <li>3. Confidentiality</li> <li>4. Health Care Proxy</li> <li>5. Decision Making process during controversial subjects.</li> </ol> <p>Apply cultural competency knowledge during interaction with patients, colleagues and staff members.</p> <p>Create a possible treatment plan based on a patient’s history and diagnosis.</p> <p>Identify necessary diagnostic tests based on signs and symptoms.</p> <p>List and explain diagnostic tests and procedures related to specific medical diagnoses.</p> <p>Explore a variety of resources available in the library and health care facilities.</p> <p>Utilize library research skills in preparing case studies.</p> <p>Present a case study</p> <p>Perform basic vital signs.</p> <p>Perform Health Care Provider Level Cardiopulmonary Resuscitation.</p> <p>Demonstrate first aid for a given injury or condition.</p> <p>Read and explain lab/test reports and results.</p>
<p>Using Treatment Plans for patient care</p> <p>Understand Values, Diagnosis, and Lab Work</p>	
<p>Utilizing and finding Health Care information and Research</p> <p>Presenting a Case Study</p>	
<p>Develop Basic Health Care Skills</p>	