

**SPRINGFIELD TECHNICAL COMMUNITY COLLEGE**  
**ACADEMIC AFFAIRS**

Course Number: COSM-123 2 credits Department: Cosmetology

Course Title: Aesthetics Lab 1 Semester: Fall Year: 2004

**Objectives/Competencies**

<b>Course Objective</b>	<b>Competencies</b>
<p>1. The student will develop an understanding of:</p> <p style="padding-left: 40px;">The general objectives and policies of the Cosmetology Program</p> <p style="padding-left: 40px;">The attendance requirement for the Massachusetts Board of Cosmetology and the STCC Cosmetology Department</p> <p style="padding-left: 40px;">Professional image</p>	<p>The student will be able to:</p> <ul style="list-style-type: none"> <li>- Demonstrate the procedures and policies specific to the Cosmetology Department outlined in the program manual and syllabus.</li> <li>- Demonstrate attendance requirements as outlined.</li> <li>- Interact with coworkers effectively as part of a team</li> <li>- Demonstrate correct sitting technique for manicure and facial services</li> <li>- Apply and demonstrate professional conduct in school toward faculty, staff, and fellow students</li> <li>- Consult with clients, and determine need for manicure or facial service</li> <li>- Demonstrate communication skills, positive attitude, and professional ethics toward client, coworkers, and faculty/staff</li> </ul>

Course Objective	Competencies
<p>2. The student will develop an understanding of:</p> <p>How to conduct services in a safe environment, taking measures to prevent the spread of infection and contagious disease</p> <p>Safety procedures and the precautions used in the STCC Cosmetology lab</p>	<p>The student will be able to:</p> <ul style="list-style-type: none"> <li>- Demonstrate effective hand washing before and after performing services on clients</li> <li>- Demonstrate and explain the effective use of antiseptics and disinfectants</li> <li>- Safely handle disinfectant containers</li> <li>- Demonstrate and explain pre and post-service procedures for sanitation</li> <li>- Use Materials Safety Data Sheets (MSDS)</li> <li>- Demonstrate how to exit the building in case of a fire</li> <li>- Label products and containers</li> <li>- Safely use the chemical products employed for nail/skin services</li> <li>- Demonstrate procedure used for skin cuts</li> <li>- Demonstrate wearing of eye goggles, finger cots, and gloves when necessary</li> <li>- Mix disinfectants for their proper use</li> <li>- Dispose of hazardous waste in the proper receptacle</li> </ul>
<p>3. The student will develop an understanding of:</p> <p>The nail and its disorders</p>	<p>The student will be able to:</p> <ul style="list-style-type: none"> <li>- Recognize nail disorders that may be treated during a manicure service</li> <li>- Recognize diseases/disorders of the nails not to be treated in the salon/school</li> <li>- Demonstrate a basic water manicure with a hand and arm massage following the procedure sequentially and practicing safety and sanitation, as indicated on the Performance Checklist and outlined by the Massachusetts Board of Cosmetology, with a minimum of 80% accuracy</li> <li>- Demonstrate the ability to effectively give a hand and arm massage as part of the manicure service</li> </ul>

Course Objective	Competencies
<p>The student will develop an understanding of:</p> <p>Hot oil manicure</p> <p>Artificial nail technique</p> <p>Manicure of the feet</p> <p>Basic facial treatments</p>	<p>The student will be able to:</p> <ul style="list-style-type: none"> <li>- Demonstrate polish application using three to five strokes</li> <li>- Demonstrate the ability to give a hot oil manicure efficiently and effectively</li> <li>- Demonstrate application for a nail mend/repair</li> <li>- Observe and/or demonstrate a pedicure service efficiently and effectively</li> <li>- Demonstrate relaxation techniques by effectively massaging the motor nerve points of the face and neck</li> <li>- Demonstrate efficiently and effectively the procedure for a basic facial, practicing massage techniques and manipulation with application of a mask and practicing the safety and sanitation guidelines indicated in the Performance Checklist as well as those outlined by the Massachusetts Board of Cosmetology, with a minimum of 80% accuracy in a one hour time frame</li> </ul>
<p>4. The student will develop an understanding of:</p> <p>Receptionist’s responsibilities in the STCC Client Lab integrated in COSM-121</p>	<p>The student will be able to:</p> <ul style="list-style-type: none"> <li>- Communicate information accurately</li> <li>- Complete transactions efficiently</li> <li>- Apply the software system used for client information and record keeping for services in the Client Lab</li> </ul>

<b>Course Objective</b>	<b>Competencies</b>