

SPRINGFIELD TECHNICAL COMMUNITY COLLEGE

**ACADEMIC AFFAIRS**

Course Number: OTA 113 LAB Class/Lec t. Hours: \_\_\_\_\_ Lab Hours: 4 Credits: 1 Dept.: OTA  
Course Title: Movement and Function Lab Semester: Fall Year: 2016

**Course Objectives and Competencies**

Objectives: By the end of the lab component students should be able to:

1. Plan therapeutic exercise programs to improve function in occupation based activities. (ACOTE Standards B.2.7. B.5.3.; OTA Program Goals 1, 4, 6)
2. Relate muscle actions to movement in occupation based activities. (ACOTE Standard B.5.9.; OTA Program Goals 1, 2)
3. Be familiar with pathological conditions associated with different body regions. (OTA Program Goals 1, 2)
4. Students will demonstrate safe and effective use of mechanical devices related to the role of the COTA. (ACOTE Standards B.5.3. B.5.15.; OTA Program Goals 4, 6)