

Course Number: _____

SPRINGFIELD TECHNICAL COMMUNITY COLLEGE
ACADEMIC AFFAIRS

Course Number: OCCP 304 Lec. Hrs: 1 Class Credits: 2 Lab hrs: 2 Department: OTA
Course Title: OT for Health Conditions in the Elderly Semester: Spring Year: 2014

Course Description/Other Information:

EMPHASIS IN THIS COURSE IS ON THE RESTORATION, COMPENSATION AND MAINTENANCE OF OCCUPATIONAL PERFORMANCE IN THE ELDERLY. THE STUDENT WILL ACQUIRE THE KNOWLEDGE AND PRACTICE SKILLS NECESSARY TO PARTICIPATE IN THE SCREENING, EVALUATION AND TREATMENT PROCESS FOR SENIORS WITH PHYSICAL AND PSYCHOLOGICAL DYSFUNCTION. THIS IS A WEB-ASSISTED COURSE; ALL CLASS MEETINGS ARE HELD ON-SITE, SUPPLEMENTAL MATERIALS ARE AVAILABLE ON BLACKBOARD.

PREREQUISITE: PSYC325, OCCP200, OCCP201, OCC204, OCCP 302. CO-REQUISITE: OCCP 300, OCCP301, OCCP303.

| Course Objective | Competencies |
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| 1. Be prepared to articulate and apply therapeutic use of everyday life activities with individuals or groups for the purpose of participation in roles and situations in home, workplace, community and other settings. | Lecture: 1.1. Discuss OT treatment settings for elders with physical dysfunction. 1.2. Explain how psychosocial and physical conditions affect occupational performance. a. dementia b. Alzheimer's c. vascular conditions d. cardiopulmonary e. j. urinary problems 1.3. Discuss modes of practice & frames of reference used in the treatment of elderly patients with dysfunction. 1.4. Identify some common medications and their side effects. |

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| <p>2. Administer selected screening and assessments using appropriate procedures and protocols and use occupation for the purpose of assessment.</p> <p>3. Assist with the development of occupation-based intervention plans and strategies including goals and methods to achieve them based on stated needs of the client and data gathered from the evaluation process.</p> <p>4. Select and implement direct occupational therapy interventions and procedures to enhance safety, health and wellness, and performance in occupations.</p> | <p>Laboratory:</p> <p>2.1. Be able to identify evaluation tools and perform the components of standardized and non-standardized evaluations appropriate to the role of the COTA.</p> <p>3.1. Design an evidence-based treatment plan for an elderly patient.</p> <p>3.2. Develop cardiovascular exercise programs for people in different age groups and levels of fitness.</p> <p>4.1. Provide and evaluate (under supervision) occupation-based activities and preparatory methods to enhance physical, perceptual, cognitive and sensory skills.</p> <p>4.2. Educate the client and caregivers to carryover occupational skills safely outside the clinic.</p> <p>4.3. Demonstrate effective communication and collaboration with clients, caregivers, and practitioners about intervention and discharge planning.</p> <p>4.4. Recognize when consultation is appropriate with other clinical personnel.</p> |