

SPRINGFIELD TECHNICAL COMMUNITY COLLEGE

**ACADEMIC AFFAIRS**

Course Number: OTA 124 LAB Class/Lec t. Hours: \_\_\_\_\_ Lab Hours: 1 Credits: \_\_\_\_\_ Dept.: OTA  
Course Title: OT for Health Conditions in the Elderly Lab Semester: Fall Year: 2016

**Course Objectives and Competencies**

Objectives: Lab By the end of the lab component of this course students should be able to:

1. Be able to identify evaluation tools and perform components of standardized and non- standardized evaluations appropriate for the role of the COTA. (ACOTE Standards B.4.1. B.4.2. B.4.4.; OTA Program Goals 1, 4, 6)
2. Design an evidenced-based treatment plan for the elderly patient. (ACOTE Standards B.5.17. B.5.3. B.5.1. B.8.2. B.8.3.; OTA Program Goals 1, 6, 7)
3. Develop cardiovascular exercise programs for people with different age groups and levels of fitness. (ACOTE Standards B.5.3. B.5.1.; OTA Program Goals 1, 2, 4, 6)
4. Provide and evaluate (under supervision) occupation based activities and preparatory methods to enhance physical, perceptual, cognitive and sensory skills. (ACOTE Standards B.5.3. B.5.4. B.5.6. B.5.9. B.4.1. B.4.2. B.4.4. B.4.5. B.5.1.; OTA Program Goals 1, 2, 6)
5. Educate the client and caregivers to carryover occupational skills safely outside the clinic. (ACOTE Standards B.5.17. B.2.3. B.5.19.; OTA Program Goals 1, 2, 5, 6)
6. Demonstrate effective communication and collaboration with clients, caregivers, and practitioners about intervention and discharge planning. (ACOTE Standards B.5.3. B.5.7. B.5.20. B.5.21. B.5.25. B.5.29. B.5.31.; OTA Program Goals 1, 2, 4, 6)
7. Recognize when consultation is appropriate with other clinical personnel. (ACOTE Standards B.4.9. B.5.22. B.5.26.; OTA Program Goals 1, 4, 6)
8. Articulate an understanding of the application of feeding and eating strategies using adaptive equipment and modifications to prevent aspiration. (ACOTE Standard B.5.14.; OTA Program Goals 1, 2)