## SPRINGFIELD TECHNICAL COMMUNITY COLLEGE

## **ACADEMIC AFFAIRS**

Course Number:	OTA 113	Class/Lec t. Hours:	_	Lab Hours:	Credits: 3	Dept.:	OTA	
Course Title:	Movement and Function				Semester:	Fall	Year:	2016

## **Course Objectives and Competencies**

Objectives: By the end of the lecture component of this course students should be able to:

- 1. Define basic terms in kinesiology and biomechanics and discuss their relationship to occupational performance. (ACOTE Standard B.1.1.; OTA Program Goals 1, 2)
- 2. Explain the relationship between the anatomy of a muscle and its function. (ACOTE Standard B.1.1.; OTA Program Goals 1, 2)
- 3. Identify and explain the basic structures and functions of the nervous system. (ACOTE Standard B.1.1.; OTA Program Goal 2)
- 4. Describe the classification system for bones and joints. (ACOTE Standard B.1.1.; OTA Program Goal 2)